

Hiking Adventure Equipment list



Two day mountain lake hut trip

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We have available for use:

- Pack (about 60 litre size)
- Sleeping bag (Down bag with separate liner)
- All meals, snacks, hot & cold drinks
- Walking Poles
- Drink Bottle
- Gaiters (limited number available)
- Toilet paper and soap
- Cooking and meal utensils
- 1 person tent

Note: feel free to bring your own equipment if you choose.

You must bring:

- Hiking boots or good hiking shoes
- Rain jacket
- Any required toiletries or medications
- Sun hat, Sun block, Sun glasses
- Warm hat and gloves
- Thick wool/wool blend socks x 3
- Sleepwear

Optional Items:

- Camera
- Bathing suit and small towel

Suggested clothing for the day:

- Clothing with lots of flexibility and light-weight are best. We recommend wearing thermal leggings underneath shorts or light weight trousers. T-shirt, thermal long-sleeved shirt and warm long-sleeved jumper (not too heavy). Thick wool socks. Regardless of the weather when we set out, each person must carry a light-weight rain jacket.

Please Note:

- The alpine environment in which we are hiking is extremely changeable and temperatures can go from very hot to cold and windy in a short time. For this reason we all must be prepared with a range of clothing and equipment.